



## **COVID\_19 safety measures**

ID's studio-based classes take place at Siobhan Davies Studios (SDS). If you would like to read SDS' risk assessment and safety measures in the building, please see [here](#)

## **Recommendations for everyone coming to class in the building :**

If you have any of the following symptoms, please do not come to class :

Persistent cough  
Shortness of breath  
New loss of taste or smell

- Please wear a protective face covering when you enter and leave the building (not required during class)
- Maintain social distancing
- Wash your hands before and after class. We also recommend hand-washing after floorwork
- Please only arrive 15 mins max before class and leave the building once class is finished; this is to help reduce numbers in the building at any one time
- Please bring a water bottle with you

## **What you can expect when you come to class**

- A non-contact thermometer will be used to check your temperature quickly on arrival
- We are complying with Track & Trace
- Two people only can use the changing room at one time
- Maximum class size is 10 and limited capacities throughout the building
- The parlour is not in use for visitors to the building
- The kitchen is only in use for refilling water bottles
- Studios will be disinfected before and after each use
- Hand-sanitising stations are installed in each studio and throughout the building
- A one-way system and clear signage to indicate 2m distances

If you have any questions or concerns, please contact Independent Dance at [info@independentdance.co.uk](mailto:info@independentdance.co.uk)

### **INDEPENDENT DANCE**

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