



Image credit for front cover: Philippe Blanchard.
Back image credit: Orlin Ogyanov | DNK space for contemporary dance and performance

Independent Dance is an artist-led organisation dedicated to supporting, stimulating and sustaining dance artists in their development throughout their professional lives.

Our programme is open to disabled and non-disabled dance artists. If you have any specific access requirements please let us know.

Independent Dance is resident at

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 Independent Dance

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**ARTS COUNCIL
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Independent Dance

FOR PROFESSIONAL DANCE ARTISTS

APR – AUG 2020



MORNING CLASS

Open to experienced movement practitioners
Mondays – Fridays | 10am – 12noon

Investigative sessions drawing on release techniques, improvisation, or specific bodywork forms.

27 APR – 1 MAY	EVE STANTON*
4 – 7 MAY	SAMIR KENNEDY*
11 - 15 MAY	ALEXANDRINA HEMSLEY*
18 - 22 MAY	JOE MORAN*
26 – 29 MAY	LUKE BIRCH
01 – 05 JUN	SUSANNA RECCHIA
08 – 12 JUN	STEFAN JOVANOVIĆ
15 - 19 JUN	MARY PEARSON
22 - 26 JUN	GABY AGIS
29 JUN – 3 JUL	SHERWOOD CHEN

Drop-in – £6.50 | 10 class card – £50

For those with special circumstances, up to four spaces each day are bookable in advance.

*Please note MA Investigative Practice classes tend to fill quickly; arrive early to ensure a spot.

MONDAY NIGHT IMPROVISATION

Open to all levels
Mondays | 6.30pm – 8.30pm

An environment where work and play co-exist, exploring a diversity of approaches to improvisation.

27 APR	REBECCA MACKENZIE
4 MAY	SIMONETTA ALESSANDRI
11 MAY	KATE HILDER
18 MAY	ADRIANA PEGORER
25 MAY	(BANK HOLIDAY)
01 JUN	JOVAIR LONGO
08 JUN	BISOLA BELLO
15 JUN	MARY PEARSON
22 JUN	KATE BROWN
29 JUN	COLLEEN BARTLEY

Drop-in – £6.50 | 10 class card – £50

KLEIN TECHNIQUE™ with Barbara Mahler

Sat 18 Apr | 2-6pm
Sun 19 Apr | 11am-5pm

Klein Technique™ works at the level of the bone, the densest and deepest structure in the body, the structure that conducts the most energy. We use its clarity, its properties to work on the fundamental connections for movement, grounding, presence and we utilize its architecture with imagery, direction and energy. Engaging on this level allows us to drop in under the layers of muscle which holds us in set postural configurations.

“The work we do in class focuses on deep connections of support and movement: Freeing the legs and spine, connecting the pelvis to the legs, the upper body to the lower and the skull to the feet. The day will be divided into two parts, in each part we will be delving into the movement, and theory in various ways, also spending time working on the application of the principles of Klein/Mahler to Movement/Dancing. We welcome everyone to learn at their own pace.”

In partnership with Tanzfabrik, Berlin and Tanzquartier, Wien

Standard £130
Low income £110
Concession £90

FOR PROGRAMME DETAILS AND ARTISTS BIOGRAPHIES VISIT: WWW.INDEPENDENTDANCE.CO.UK



Image credit: Deborah Hay by Ralf Hemrich

NONSTOPPING with Jeanine Durning

Sun 10 May | 11am-5pm

A chance to engage with New York based choreographer Jeanine Durning and Candoco at the start of their new creation process developing on her practice of nonstopping.

“At its core, nonstopping is a process of undoing through, paradoxically, nonstop doing. It works with uncensoring movement and speech as acts of freedom and imperative force and change.”

This workshop aims to approach the nuanced ecologies of who we are and what we can imagine ourselves to be.

In partnership with Candoco Dance Company.

Suitable for experienced disabled and non-disabled dancers.

Standard £65
Low income £50
Concession £40



Image credit: Brian Rogers

KINESTHESIA Moving Image Festival

Sat 4 – Sun 5 Jul

Middlesex University, London

Kinesthesia is a new moving image festival curated in partnership with Middlesex University.

At the intersection of dance, somatic practices, experimental film and sensory ethnography, Kinesthesia invites submissions of work from any discipline and in any format and brings together artists, scholars, researchers, filmmakers and dancers.

The festival combines screenings of moving image work with movement workshops, installation, AR/VR, and discursive sessions that attend to the subtler felt sense of the body.

The work is selected from an open call. For info on how to submit a proposal visit www.independentdance.co.uk

Call for submissions deadline 27 Apr

RESEARCH SPACE: ARTIFICIAL FACTS with Philippe Blanchard

Mon 29 Jun – Fri 3 Jul | 11am-5pm

Middlesex University, London

As part of Kinaesthesia in partnership with Middlesex University, Philippe Blanchard leads a five-day lab that combines somatic practices with questions about spectatorship.

Using the camera and projector as mediating tools, this research raises questions about the view that one

places on others, and subtly questions viewers' rights and obligations to act and to react.

Prices and bookings at www.independentdance.co.uk

WORKSHOPPING PERILOUSLY EFFICIENT MOVEMENT with Deborah Hay

Mon 24 – Fri 28 Aug | 10am-5pm

This workshop is a partnership between Dance North Scotland and Independent Dance, and will take place at Findhorn Foundation Community and Eco-Village, Moray.

“Is all art perilously efficient? Might this be the very nature of dance but we have not yet attributed this language to it? What I mean by perilously efficient is that dance, for me, is a form of survival. And therefore, to test my ability, my capacity to survive as a choreographer and performer, I choose to reduce stimulation that would otherwise influence the choreography, the practice, and the performance of my work. I am not ignorant of the danger in being ordinary nor the lack of quality in being efficient. A pre-determined sequence of movements will framework this collective research.”

Fee: £250 | Lunch provided
Expressions of Interest open 6 Mar 2020.

Deadline for Expressions of Interest: 27 Apr 2020.

Our programme is open to people of diverse physicalities and sensory modalities, allowing everyone to engage at their own chosen levels of energy, pace and scale of movement.