

MORNING CLASS

Open to experienced movement practitioners

Mondays – Fridays | 10am – 12noon

Investigative sessions drawing on release techniques, improvisation, or specific bodywork forms.

29 APR – 3 MAY	SHEENA McGRANDLES*
7 – 10 MAY	SUSANNA RECCHIA*
13 – 17 MAY	FIONA MILLWARD*
20 – 24 MAY	BEN ASH*
28 – 31 MAY	RAHEL VONMOOS
3 – 7 JUN	Yael FLEXER
10 – 14 JUN	CLAUDIO GIRARD
17 – 21 JUN	SARA RUDDOCK
24 – 28 JUN	Zoë SOLOMONS

Drop-in £5 | 10-class card £40

For those with special circumstances, up to four spaces each day are bookable in advance.

*Please note MA Embodied Practice classes tend to fill quickly; arrive early to ensure a spot.

Our programme is open to people of diverse physicalities and sensory modalities, allowing everyone to engage at their own chosen levels of energy, pace and scale of movement.

MONDAY NIGHT IMPROVISATION

Open to all levels

Mondays | 6.30pm – 8.30pm

An environment where work and play co-exist, exploring a diversity of approaches to improvisation.

29 APR	JESSICA LERNER
6 MAY	(BANK HOLIDAY)
13 MAY	'FUNMI ADEWOLE
20 MAY	SEKE CHIMUTENGWENDE
27 MAY	(BANK HOLIDAY)
3 JUN	KATE BROWN
10 JUN	CLAUDIO GIRARD
17 JUN	FLORENCE PEAKE
24 JUN	RICCARDO BUSCARINI

Drop-in £5 | 10-class card £40

HOW DOES THE DANCER SPEAK?

A Research Space led by Katy Coe

Sat 18 May | 12pm – 6pm

Sun 19 May | 10am – 5pm

With a strong belief that dancing matters and can speak boldly into political and social arenas, Katy proposes that the time in which dance is a vehicle for change has already begun....

This lab is for people who have recent and / or significant experience as a professional dance performer; it is not limited to any particular style or context for dance, with the clear aim that people from different fields, genres, cultural contexts and work situations will attend and form a weekend community.

Katy invites dancers to share her research and questions: What does the experience of dancing bring when it is spoken?

Why and how does this body of experience matter?

The weekend will consist of a series of proposals in the studio and beyond. These proposals will be encountered as a group, through activities of dancing, talking, sharing food and finding the written word. It will also include an informal, discursive exchange with invited members of the public on Sunday afternoon.

Flat fee £80

Image credit: John Dansey



SPACE MIX / INTERROGATING CI with Karen Nelson

1 – 5 Jul | 11am – 5pm

Uniting somatic techniques derived from Contact Improvisation (CI) with compositional choice making practices found in Tuning Scores, this workshop explores “inner” and “outer” spaces. Practice combines two uniquely related systems: Material for the Spine (originated by Steve Paxton) that includes movement intertwining sensation and attention, distinguishing centers of mass, establishing length, and reflexive balance in space; and Tuning Scores (originated by Lisa Nelson), a dance practice that unveils sense desires as motivators, movement as collateral choreography, and space as palette and environment. Rigorous sensory warm-ups, physicalising through CI, and playing with a cluster of scores to grow edges will additionally prepare us to dance in *CI interrogates its history and currency* on Friday evening: a participatory lecture demonstration jam event centering on intersectionality and stories of CI through the body, open to the public.

In partnership with Tanzfabrik Berlin, The Work Room Glasgow and Groundwork Pro Cardiff.

All levels of experience welcome.

Standard £210
Low income £195
Concession £175

CONTACT IMPROVISATION INTERROGATES ITS HISTORY AND CURRENCY

with Karen Nelson

Fri 5 Jul | 7pm

Karen Nelson facilitates an inclusive lecture-demonstration-participatory jam event that inquires into the evolution of CI as a living, breathing, changing dance form. This platform—part ritual, part performance, and part social club—calls on practitioners of CI to share embodied stories centering on intersectionality, passion, identity, and one’s own history in the form. Screenings of archival video documentation of early CI performance will provide a context and portal for entering this event. All levels of experience welcome.

Standard £8
Concession £6

FOR PROGRAMME DETAILS AND ARTISTS BIOGRAPHIES VISIT:
WWW.INDEPENDENTDANCE.CO.UK

MA/MFA CREATIVE PRACTICE: Dance Professional Practice

A unique course designed specifically for mid-career artists, delivered by Independent Dance with Siobhan Davies Dance in partnership with Trinity Laban Conservatoire of Music and Dance.

“A profoundly personal journey of physical and philosophical awakening that is made even richer by being in an environment where you can share it with others.” MA CP:DPP alumnus

Applications are open for 2019/20

Image credit: Karen Nelson, Tuning Project, award by Derrick Fore

