

Reflection

Materials: *The Many Headed Monster* by Joshua Sofaer  
*Perform Every Day* by Joshua Sofaer

I found these materials very inspiring and useful at many levels, the honest and open way Joshua Sofaer writes is very touching and as an artist, I resonate with that very much.

After thinking about how to encapsulate my respond to such a diverse materials, and translate it in a way that someone else could engage or connect with, I came up with the idea of doing a collage and a set of performance task for people to do in relation to the collage. (Please see attached image of the collage)

My response is asking for other responses, so in a way, the response wants to generate meta-responses.

The series of performance task associated to the collage are as follows:

1. Give the collage a name or a title.
2. Zoom in an out of the collage, and find an image that relates to you.
3. If you found an image that applies to you, write a little story about it, if you have not find an image that applies to you, write a little story anyway.
4. Read out loud the story to yourself
5. Read the story to another person, and then ask the other person to read it back to you.

I invite people to respond to this: to create a chain of meta-responses and the work will be of a participatory nature. Email [adorelife5@gmail.com](mailto:adorelife5@gmail.com) with your own reflections.

