



Deborah Hay Solo Commissioning Project 2011
24th August – 2nd September 2011

ACCOMMODATION AND TRAVEL INFORMATION

Before booking your travel and accommodation we advise you check the travel and accommodation section of our on-site partners website – Bodysurf Scotland – as well as browsing this information sheet. www.bodysurfscotland.co.uk.

Once you have registered and paid your full Commission Fee, we will put you in direct contact with Bodysurf Scotland so they can advise you further on the options you are exploring. Independent Dance will also put you in contact with other participants so that you can organise shared accommodation and travel to/from the airport.

Findhorn Foundation Community

The venue for the SPCP will be the magnificent Universal Hall Arts and Conference Centre. Set within the Findhorn Foundation Community and Eco-village, this beautiful 5-sided theatre space will be stripped of its seating for the project, providing a beautifully large and unique dance space.

The building also includes an award winning organic café, hot-tub, and cyber-lounge. The Findhorn Foundation Community is known throughout the world as a major international centre of personal and spiritual transformation and sustainable living. The community itself is situated on a 2-mile long peninsula amongst beautiful beaches, sand dunes, and woodland. It is located in the North East of Scotland near to Inverness and Aberdeen Airports (closest airport is Inverness).

For more information on the community and local area, you are encouraged to visit the Findhorn site: www.findhorn.org.

Meal Options

An organic vegetarian lunch will be provided for the group through the Universal Hall Café. An optional evening meal may be eaten with community members and guests at the community centre dining room. The cost for this is £5 per meal. Two near-by pubs also serve a range of meals.

Accommodation

The participant's Commission Fee does NOT include accommodation. You need to arrange your accommodation separately. Below are the most suitable options available:

Holiday Chalets, Caravans and Camping: Less than 5 min walk from Universal Hall

The Findhorn Bay Caravan Park (FBCP)

Tel: +44 (0) 1309 690203

Fax: +44 (0) 1309 690933

Email: info@findhornbayholidaypark.com

Website: www.findhornbayholidaypark.com

Information and prices of eco-chalets is available directly from the Caravan Park.

The caravans are designed for families and can take up to four people sharing. However, there are 2 bedrooms – 1 room with a double bed and 1 room with 2 small singles - therefore 2 - 3 people sharing is preferable.

Limited Company INDEPENDENT DANCE	Location SIOBHAN DAVIES STUDIOS 85 ST GEORGE'S ROAD LONDON SE1 6ER	Administrator IRIS CHAN SIOBHAN DAVIES STUDIOS 85 ST GEORGE'S ROAD LONDON SE1 6ER	Co-Director FIONA MILLWARD 3 POLSTEAD ROAD OXFORD OX2 6TW	Co-Director GILL CLARKE 86 DRESDEN ROAD LONDON N19 3BQ
Registered Company 5096892 Registered Office Address: 86 DRESDEN ROAD LONDON N19 3BQ	T: 020 7091 9650 www.siohndavies.com	T: 020 7091 9662 info@independentdance.co.uk	M: 07824 397 313 fiona@independentdance.co.uk	T: 020 7263 6144 gill@independentdance.co.uk

For more info and to book, contact the Caravan Park directly. Cost of caravans at the off-peak season is approximately £20 - £40 per night inclusive (for minimum of 7 nights), depending on their age. Caravans go very quickly so we would advise reserving one as soon as you can.

Bed & Breakfast: There are a number of local B&B places nearby and on-site. They range from £20 to £30 per night. Contact us for a recommended list before booking as we can pass on feedback given by previous participants for each of the B&B's.

Travel

The Findhorn Foundation Community at The Park, is situated in Northeast Scotland, five miles from the town of Forres, 26 miles east of the city of Inverness.

Air: Transcontinental flights to London (Gatwick or Luton) and Glasgow connect daily with flights to Inverness. (This is the closest airport). There are also flights from some European cities to Aberdeen and Glasgow.

British Airways from UK: www.british-airways.com

KLM Airlines (London): www.klm.com

Low cost options when booked well in advance from:

EasyJet: www.easyjet.com

Ryan Air: www.ryanair.com

The quickest way from Inverness airport to Findhorn is by Taxi which takes approx. 35 mins. There are also bus and train options. Aberdeen airport is linked by bus and train to Forres - approx. 2 hours journey.

ID and Bodysurf will help co-ordinate taxi sharing for participants once you have booked your travel and can confirm arrival and departure times.

Rail: There are sleeper trains from London to Inverness and Aberdeen with connections to Forres. Rail Information: 08457 48 49 50 (also: www.nationalrail.co.uk, www.railtrack.co.uk and www.trainline.co.uk)

Bus & Coach: National Express +44 (0) 8705 808080 operates express services from London (Victoria Coach Station) and Citilink +44 (0) 8705 505050, from Glasgow and Edinburgh to Aberdeen and Inverness.

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