



Accommodation and travel Info for Deborah Hay Solo Commissioning Project

Findhorn Foundation Community: Venue for event will be the magnificent Universal Hall Arts and Conference Centre. Set within the Findhorn Foundation Community and Eco-village, this beautiful 5 sided

theatre space will be stripped of its seating for the event providing a beautifully large and unique dance space. The building also includes an award winning organic café, hot-tub, and cyber-lounge. The Findhorn Foundation Community is known throughout the world as a major international centre of personal and spiritual transformation and sustainable living. The community itself is situated on a 2 mile long peninsula amongst beautiful beaches, sand dunes, and woodland. It is located in the North East of Scotland near to Inverness and Aberdeen Airports.

More info on the community and local area you are encouraged to visit www.findhorn.org

Meal Options: An organic vegetarian lunch will be provided for the group through the Universal Hall Café. An optional evening meal may eaten with community members & guests at the community centre dining room. Cost £5 per meal. Two near-by pubs also serve a range of meals.

Accommodation options for the event: The participant fee does not include accommodation. You need to arrange your accommodation separately. Below are the most suitable options available.

Holiday Chalets, Caravans and Camping: Less than 5 min walk from Universal Hall

The Findhorn Bay Caravan Park (FBCP)
Tel: +44(0)1309 690203 Fax: +44(0)1309 690933
email: info@findhornbayholidaypark.com
www.findhornbayholidaypark.com

Information and prices of newly built eco-chalets is available directly from the Caravan Park. The caravans are designed for families and can take up to four people sharing - although 2 or 3 people sharing may be preferable. For more info and to book, contact the Caravan Park directly. Cost of caravans at this off-peak season is approximately £20 - £40 per night inclusive (for minimum of 7 nights), depending on their age.

Bed & Breakfast: There are a number of local B&B places nearby. They range from £20 to £30 per night. Contact us for a list. We can help you link up with other participants re travel and accommodation arrangements.

Travel: The Findhorn Foundation Community at The Park, is situated in Northeast Scotland, five miles from the town of Forres, 26 miles east of the city of Inverness.

Air: Transcontinental flights to London (Gatwick or Luton) and Glasgow connect daily with flights to Inverness. (This is the closest airport) There are also flights from some European cities to Aberdeen and Glasgow.

British Airways from UK: www.british-airways.com
KLM Airlines (London): www.klm.com

Low cost options when booked well in advance from:

EasyJet: www.easyjet.com
Ryan Air: www.ryanair.com

The quickest way from Inverness airport to Findhorn is by Taxi approx. 35 mins. There are also bus and train options. Aberdeen airport is linked by bus and train to Forres - approx. 2 hours journey.

Rail: There are sleeper trains from London to Inverness and Aberdeen, with connections to Forres. Rail Information: 08457 48 49 50 (also: www.railtrack.co.uk)

Bus & Coach: National Express +44 (0)8705 808080 operates express services from London (Victoria Coach Station) and Citilink +44 (0)8705 505050, from Glasgow and Edinburgh to Aberdeen and Inverness.

More information on travel available and accommodation via www.bodysurf.findhorn.com

Please check with your travel agent for best options.

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INDEPENDENT DANCE REGISTERED COMPANY NUMBER: 5096892	SIOBHAN DAVIES STUDIOS 85 ST GEORGE'S ROAD LONDON SE1 6ER	86 DRESDEN ROAD LONDON N19 3BQ	FIONA MILLWARD 3 POLSTEAD ROAD OXFORD OX2 6TW	GILL CLARKE 86 DRESDEN ROAD LONDON N19 3BQ
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